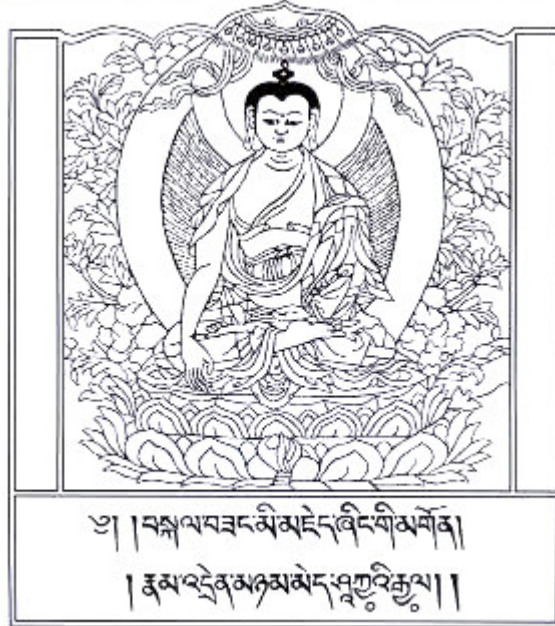


THE FOUR NOBLE TRUTHS

འཕགས་པའི་བདེན་པ་བཞི་



Tibetan	Tibetan pronunciation with English phonetics	English
སྤུག་བསྐྱལ་	<i>dook ngel</i>	Suffering
ཀུན་འབྱུང་	<i>kün joong</i>	Origination [of Suffering]
འགོག་པ་	<i>goke</i>	Cessation [of Suffering]
ལམ་	<i>lahm</i>	Path [to the Cessation of Suffering]

Tibetan Language Institute

P.O. Box 2037 Hamilton, MT 59840

Tel: 406/ 961-5131 Email: info@tibetanlanguage.org

www.tibetanlanguage.org